Recommended Books

Books for Parents

Mom's House, Dad's House: Making Shared Custody Work. Isolina Ricci

Shared Parenting: Raising Your Children Cooperatively After Separation. Jill Burrett & Michael Green

Smart Parenting During and After Divorce. Peter Favaro

The Truth about Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive. Robert Emery

The Unexpected Legacy of Divorce: a 25 Year Landmark Study. Judith Wallerstein et al

What About the Kids? Raising Your Children Before, During, and After Divorce. Judith Wallerstein & Sandra Blakeslee

Parenting through Crisis: Helping Kids in Time of Loss, Grief, and Change. Barbara Coloroso

Keys to Parenting Your Anxious Child, 2nd Edition. Katherina Manassis

Books for Children and Teens

Dinosaurs Divorce. Laurence Krasny Brown & Mark Brown, (ages 4-up)

The Divorce Helpbook for Kids. Cynthia MacGregor, (ages 8-12)

The Divorce Helpbook for Teens. Cynthia MacGregor, (ages 12 and up)

Goodnight, Daddy. Angela Seward, (ages 5-8)

I Don't Want to Talk About It. Jeanie Franz Ransom, (ages 4-8)

It's Not Your Fault, Koko Bear: a Read-Together Book for Parents & Young Children During Divorce. V. Lansky, (ages 3-6)

Mom and Dad Break Up. Joan Singleton Prestine, (ages 6-9)

Mom and Dad Don't Live Together Anymore. Kathy Stinson & Vian Oelofson, (ages 4-6)

Mom's House, Dad's House for Kids: Feeling at Home in One Home or Two. Isolina Ricci, (ages 8-12)

My Family's Changing: a First Look at Family Break Up. Pat Thomas, (ages 3-6)

My Mom and Dad Don't Live Together Anymore. Judith Aron Rubin, (ages 4-12)

Two Homes. Claire Masurel, Illustrated by Kady MacDonald Denton, (ages 2-6)

Was It the Chocolate Pudding? A Story for Little Kids about Divorce. Sandra Levins, (ages 3-6)

http://www.parentbooks.ca